Supplement Facts

Serving size: 1 vegetable capsule
Servings per container: 90

	Amount per Serving	% DV*
Vitamin C (from zinc ascorbate, magnesium ascorbate)	13 mg	14 %
Magnesium (from magnesium ascorbate)	2 mg	<1%
Zinc (from zinc ascorbate)	2 mg	18%
Selenium (from selenomethionine)	25 mcg	45%
Manganese (from manganese citrate)	1 mg	43%
Chromium (from chromium polynicotinate)	100 mcg	285%
Chloride (from potassium chloride)	8 mg	<1%
Potassium (from potassium chloride, potassium citrate, potassium aspartate)	33 mg	<1%
Nutritional yeast	200 mg	**
Ashwagandha root extract (Withania somnifera)	200 mg	**
Camu camu juice powder	55 mg	**
Holy basil leaf powder (Ocimum tenuiflorum)	30 mg	**
Rhodiola rosea root extract	25 mg	**
Rehmannia root powder (Rehmannia glutinosa)	25 mg	**

*Percent Daily Values are based on a 2000 calorie diet.
** Daily Value not established.

Other ingredients: Vegetable capsule, stearic acid, microcrystalline cellulose, magnesium stearate (vegetable source)

Dr.Berg | THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

ADRENAL & CORTISOL SUPPORT

Aids in stress reduction, promotes relaxation, natural calming effect†

90 VEGETARIAN CAPSULES

SUGGESTED USE: As a dietary supplement, take 1 capsule, 3 times per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and distributed by
Dr. Eric Berg DC

To reorder:
www.DrBerg.com (800-816-8184)

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DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

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