We believe that Amazing Nutrition\* is the key for Healthy Living the one notificate about bringing you the finest selection of product

Malatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle so that there is a higher concentration of it at night.\* At night, higher levels of Melatonin is held by the body to induce and maintain deep.\* Therefore, Melatonin supplements taken at bedtime connects the body's natural process for facilitating sleep," It may also help falling asleep faster and staying asleep all night."





## Melatonin Fast Dissolving Tal Mannesium Stearate.

" Daily Value (DV) not established

## Supplement Facts

Serving Size 1 Tablet Serving Per Container 250

Amount Per Serving Melatonin 10 ma (as N-Acetyl-5-Methoxytryptamine)

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalling Collulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide and

M Helps Fall Asleep Fast & Stay Asleep All Night\*

- M Helps Regulate Sleep Cycle\*
- (alming & Relaxing Effect\*





CAUTION: Not intended for use by pregnant or nursing women and persons under the age of 18. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this

product. Limit use to two months with a break of one week. CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener,

MADE IN USA

10 MG **250 TABLETS** 



by the Food and Drug Administration.