

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements



Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Folate 5,000

*Universally metabolized
form of folate[†]*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

60 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Folate (as Quatrefolic®)	8,333 mcg DFE	2,083%
(6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	(5,000 mcg 5-MTHF)	
% Daily value (DV)		

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Quatrefolic® is a registered trademark of Gnosis S.p.A.,
U.S. Patent No. 7,947,662

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **FOL56**