**Suggested Usage:** Take 1 softgel daily with a meal.

Vitamin E is a major fat-soluble antioxidant that is particularly important for maintaining cellular health.\* Selenium is an essential trace mineral that has been included as a complement to vitamin E.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

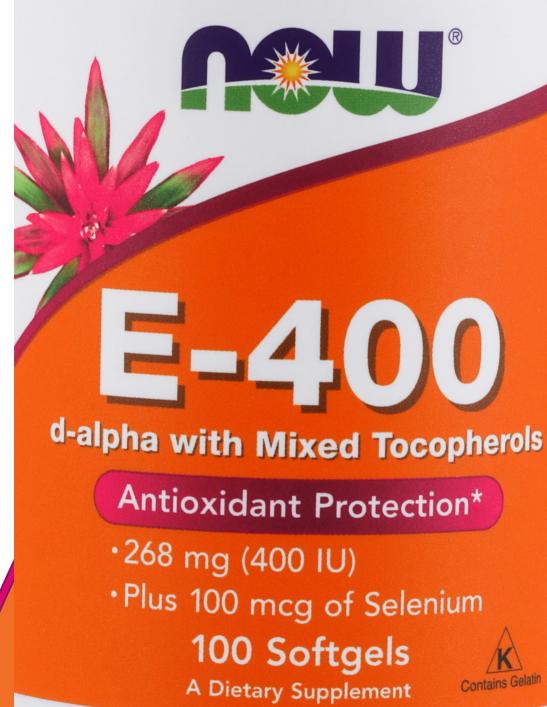
Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.







## **Vitamins**

Family owned since 1968.

## **Supplement Facts**

Serving Size 1 Softgel

|   | Amount<br>Per Serving | % Daily<br>Value |
|---|-----------------------|------------------|
| Vitamin E (as d-alpha Tocopherol)               | 268 mg                | 1787%            |
| Selenium (from Selenium Yeast)                  | 100 mcg               | 182%             |
| Mixed Tocopherols<br>(d-beta, d-gamma, d-delta) | 48 mg                 | †                |
| † Daily Value not established.                  |                       |                  |

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Soybean Oil, Beeswax and Soy Lecithin.

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Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.