## Suggested Use

Take 1-3 tablets one to two times daily or as directed by your healthcare provider. Do not exceed suggested use.

This product has a tamper evident seal under the cap. Do not use if seal is broken or missing. Store at room temperature, in a dry place.

If you are pregnant or nursing, consult your healthcare provider before use. Keep out of reach of children.



NeuroScience Quality
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**Dietary Supplement** 

Serotonin/GABA

120 TABLETS

## Supplement Facts Serving Size: 3 Tablets

Serving Size: 3 lablets Servings Per Container: 40

Amount Per Serving	% Dail	y Value
Vitamin C (as ascorbic acid)	40 mg	44%
Niacin (from L-tryptophan)	25 mg NE	156%
Vitamin B6 (as pyridoxal 5'-phosphate)	9 mg	529%
Folate (as L-5-methyltetrahydrofolate, calcium salt <sup>‡</sup> )	360 mcg DFE	909
Vitamin B12 (as methylcobalamin)	30 mcg	12509
Calcium (from dicalcium phosphate)	75 mg	69
Phosphorus (from dicalcium phosphate)	60 mg	59
Zinc (from zinc bisglycinate chelate)	6 mg	559
Selenium (from L-selenomethionine)	7 mcg	139
Proprietary Blend L-tryptophan, Taurine, and L-theanine,	1.95 g	

## † Daily Value not established.

Other ingredients: Microcrystalline cellulose, food grade glaze, hypromellose, croscarmellose sodium, stearic acid, magnesium stearate (vegetable source), silicon dioxide, and magnesium silicate.



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