

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

- Free from detectable levels of mercury, lead, heavy metals and PCBs
- From wild, deep ocean fish

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC

TRIPLE STRENGTH
**OMEGA
COMPLEX**



1725 mg of potent Omega-3-6-9s
from fish & plant sources
Supports heart, brain, skin,
eye & joint health*



**OMEGA-3-6-9 SUPPLEMENT
90 SOFTGELS**



**LEMON
NATURAL FLAVOR**

CODE 764721

BSG

Directions: As a dietary supplement, take three softgel capsules daily with food.

Supplement Facts

Serving Size Three Softgel Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	30	
Total Fat	3.5 g	4%†
Cholesterol	0 mg	0%
Total Omega-3s	1395 mg	*
EPA (Eicosapentaenoic Acid)(Omega-3)	647 mg	*
ALA (alpha-Linolenic Acid)(Omega-3)	375 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	253 mg	*
Other Omega-3s	120 mg	*
GLA (gamma-Linolenic Acid)(Omega-6)	180 mg	*
Oleic Acid (Omega-9)	150 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Ingredients: Fish Oil, Borage Oil, Flax Seed Oil, Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor.

CONTAINS: Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors,
No Preservatives, No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free,
Cholesterol Free.



Lot No./Best By: