

**USAGE:** Take 1 capsule 1 or 2 times per day on an empty stomach, immediately after arising in the morning, preferably with juice as a carbohydrate source or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition (especially bipolar or a history of malignant melanoma), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially MAO inhibitors), consult your healthcare professional before using this product.

**L-Tyrosine**, a constituent of dietary protein, is a substrate or precursor to the catecholamine neurotransmitters norepinephrine, epinephrine and dopamine, the levels of which can be affected by the amount of tyrosine consumed.\* **Jarrow Formulas®** L-Tyrosine contains pure crystalline L-Tyrosine.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS

Free Form Amino Acid

# L-Tyrosine

Supports Synthesis of  
Brain Neurotransmitters\*

**500**  
MILLIGRAMS

**100**  
CAPSULES

**DIETARY  
SUPPLEMENT**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

	Amount Per Serving	% DV
L-Tyrosine	500 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place.

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation<sup>SM</sup>  
Los Angeles, CA 90035-4317  
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