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from around  
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\*These statements have not been  
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Administration. This product is not  
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# Sleep GUMMIES

3mg of Melatonin | 200mg of L-Theanine  
per serving

Promotes Relaxed Mood & Restful Sleep\*

SLEEP HEALTH



60 Gummies  
DIETARY SUPPLEMENT

Tropical Punch  
Flavored Gummies



NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients... guaranteed. So you can get the most out of life every day.

- ✔ Clinically Studied Ingredients
- ✔ Naturally Sourced Colors & Flavors
- ✔ Guaranteed Quality
- ✔ Laboratory Tested

Melatonin is an excellent choice for people experiencing occasional sleeplessness.\*

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**DIRECTIONS:** For adults, take two (2) gummies 30 minutes before bedtime.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	15
Total Carbohydrate	4 g 1%**
Total Sugars	2 g ***
Includes 2g Added Sugars	4%**
Melatonin	3 mg ***
L-Theanine	200 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Corn Syrup, Sugar, Gelatin. Contains <2% of: Citric Acid, Natural Flavor, Pectin, Vegetable and Fruit Juice (Color), Vegetable Oil (Palm) (Contains Carnauba Wax).

Contains bioengineered food ingredients.

**No Artificial Flavor, No Artificial Sweetener, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.**

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