

*The deeper one subsides within
the Heart, the greater will be the rising of the
nature of the flood of supreme bliss.*

— SRI RAMANA MAHARSHI —

*The photo on this package is one of
our farmers or a family member.*



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MAKERS of the
ORIGINAL TULSI TEAS™

Supplement Facts

Serving Size 1 teaspoon (approx 2.0g)

	Amount Per Serving	% DV
Proprietary Organic Blend	2.0 g	
Organic Ginger (root)		†
Organic Tulsi (Holy Basil) Blend		
Vana Tulsi (leaf & flower)		†
Krishna Tulsi (leaf & flower)		†
Rama Tulsi (leaf & flower)		†
Organic Lemongrass		†

*Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Lemon Flavor

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



CERTIFIED ORGANIC

Tulsi

LEMON GINGER

*A lively blend
of lemongrass, Tulsi
& ginger*



*Tulsi
is abundant in
antioxidants**

CAFFEINE-FREE

Stress Relieving & Energizing*

Loose leaf Tulsi • Net Weight 100g/3.5oz

Tulsi

LEMON GINGER

It's your teatime!

The excitement of pungent ginger, accented with fresh lemon, is complemented by Tulsi's spicy flavor and transformative energy. This exotic flavor combination will awaken your senses. Great for digestion too!

ABOUT TULSI

Throughout India, Tulsi is revered as a sacred plant infused with healing powers, and is lovingly called the "Queen of Herbs". Traditionally grown in an earthen pot in every home, Tulsi (also known as Holy Basil) makes a delicious and energizing herbal tea. Tulsi is an adaptogenic herb which helps your body relieve the negative effects of stress.* Repeatedly noted for 5,000 years throughout sacred Indian scriptures, Tulsi's remarkable life-enhancing qualities are now here for you to fully enjoy. Drinking 3 cups a day is recommended. Namaste!

Directions: Place one heaping teaspoon of Tulsi blend per cup in teapot. Pour boiling water directly on Tulsi leaves. Infuse for 3-5 minutes. Strain and serve.

For 1 quart of Iced Tulsi preparation: Pour 2 cups of boiling water over 8 teaspoons of Tulsi, cover and infuse for 20 minutes. Strain and add 2 cups of cold water and refrigerate. Pour over ice to serve.



Store in a cool, dry place away from direct sunlight.