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meals, mixed in 4-6 oz of water. Gradually increase to 1 tablespoon daily. Not for use during pregnancy. If you have a

medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

SUGGESTED USE

Adults take 1 teaspoon daily between

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG DMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

HERBS

Microbiome Food

Plant-based prebiotic for digestive health*

Made with organic Acacia, Fenugreek & Cinnamon

► HERBAL SUPPLEMENT | NET WT 4.44 oz (126 a) | VEGAN & GLUTEN-FREE

Supplement Facts

Serving Size 1 Tablespoon (7 g) Servings Per Container 18

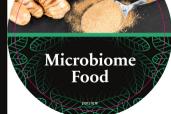
Amount Per Serving % Daily Val Calories Total Carbohydrate Dietary Fiber Soluble Fiber Calcium 55 ma 20 ma

Amou	ınt Per Serving	% Daily Value
Organic Acacia (Acacia senegal) gum	1,343 mg	t
Organic Acerola (<i>Malpighia glabra</i>) fruit extract	1,110 mg	t
Organic Inulin (from Agave tequilana hear	t) 848 mg	t
Organic Fenugreek seed	505 mg	t
Harmonizing Digestive Blend	1,319 mg	+
Organic Cinnamon bark, Organic Ginger Organic Marshmallow (Althaea officinalis		le) root,

Percent Daily Values are based on a 2,000 calorie diet.

Daily Value not established.

Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712 gaiaherbs.com











Larch aum extract

Certified Organic by Oregon Tilth