

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



DOES NOT CONTAIN: citrus, MSG, wheat, gluten, corn, starch, sugar, soy, yeast, zein, sulfates, phosphates (other than coenzymes), preservatives, casein or other milk derivatives.
NO GMO's; NO toxic minerals or metals

Researched, uniquely formulated & exclusively distributed by:
PERQUE Integrative Health, Ashburn, VA 20147 USA
800-525-7372

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERQUE

Sleep Guard™ Capsules

Supports Healthy
Restorative Sleep†

90 Vegetable Capsules
Dietary Supplement



Full Disclosure Label (no hidden or inactive ingredients)

Directions: One capsule daily about 30 min before bedtime, or as recommended by a health care professional.

SUPPLEMENT FACTS

Serving size: 1 Vegetable Capsule

Servings per container: 90

	Amount per serving	% Daily Value
Energized Nutrients		
Vitamin B-6 (as Pyridoxal 5'-Phosphate).....	3 mg	170
Riboflavin (as Riboflavin 5'-Phosphate).....	3 mg	130
L-Tryptophan	500 mg	*
Silica (Equisetum botanical).....	4 mg	*
Croscarmellose	3 mg	*
Magnesium (as C16 & C18 alkyls').....	5 mg	*
Vegetable Capsule	120 mg	*

†From whole untreated palm leaf and fruit

*Daily value not established

Other Ingredients: None