

VALUE

#1 PHARMACIST RECOMMENDED

Nature Made

BURP-LESS[®]

FULL STRENGTH MINI

Omega-3^{††}

From Fish Oil

500 mg EPA + DHA

365 mg EPA + 135 mg DHA

PURIFIED TO REMOVE MERCURY[†]

DIETARY SUPPLEMENT

45 SOFTGELS

Helps Support a Healthy Heart[†]

^{††}As ethyl esters

EQUAL STRENGTH

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Calories 10	
Total Fat 0.5 g	1% **
Polyunsaturated Fat 0.5 g	
Cholesterol 10 mg	3%
Omega-3 Concentrate from Fish Oil ^{††} 788 mg	
EPA (Eicosapentaenoic Acid) Omega-3 ^{††} 365 mg	
DHA (Docosahexaenoic Acid) Omega-3 ^{††} 135 mg	
Other Omega-3 ^{††} 40 mg	

^{††} Daily Value not established.

^{**} Percent Daily Values are based on a 2,000 calorie diet.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content.)

No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take 1 softgel daily, with a meal for optimal absorption. For easier swallowing, take with water.

CAUTION: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or are taking blood thinners, consult your physician before taking this product.

OTHER INGREDIENTS: Fish Oil Concentrate, Methylcellulose, Polyethylene Glycol, Polysorbate 80, Glycerin, Water, Triethyl Citrate, Mannitol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Polysorbate 80, Glycerin, Water, Triethyl Citrate, Mannitol, Stearic Acid, Titanium Dioxide.

Contains: Fish (Anchovy, Sardine, Mackerel).

Distributed by: Nature Made, Inc., Mission Hills, CA 92041. 1-800-276-2588 • www.naturemade.com

Fish Oil Country of Origin: United States of America

Fish Oil Softgel: Encapsulated and manufactured in the USA.

As ethyl esters.

†Enteric coated.

††One Full Strength Mini Omega-3 softgel is 80% smaller than a standard softgel.

†††Based on the International Fish Oil Standards.

NEW SIZE BETTER VALUE

List No. 2959
CAL202
Cat. A667
5A007

Fish oils used to produce this product are derived from wild caught ocean fish, not farm raised fish.

State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels and below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm, respectively.

1 PER DAY

ONE SOFTGEL A DAY

DIETARY SUPPLEMENT

45 SOFTGELS

Lot: 2311206

Exp.: SEP 2020

Barcode: 0 31604 02959 3