

Inositol powder, as with all Country Life products, is certified gluten-free.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER

NO YEAST, WHEAT OR SOY
NO MILK, SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

07120NL



**Dietary
Supplement**

POWDER
NET WT. 8 OZ. (226 g)

— Our *PLEDGE of* **INTEGRITY** —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

INOSITOL POWDER

Certified Gluten-Free

Directions: Adults take 1/4 (550 mg) to 1/2 (1,100 mg) teaspoon. May be mixed with water, fruit juice or sprinkled on food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1/2 teaspoon (1.1 g)

Servings Per Container About 205

Amount Per Serving	% Daily Value
Inositol	1,100 mg (1.1 g) *

* Daily Value not established.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken.
Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6565