

Chromium is an essential trace mineral required for proper metabolism of carbohydrate, fat and protein, but it is often lacking in the typical diet. Our Chromium supplement utilizes ChromeMate®, a unique oxygen-coordinated niacin-bound chromium complex, to provide a highly bioavailable form of chromium. ChromeMate® has been shown safer and more effective than other forms of chromium tested, including chromium picolinate.<sup>†</sup>



ChromeMate® is a registered trademark of InterHealth, N.L.

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0008

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ChromeMate® GTF  
**CHROMIUM**  
**200 mcg**

Supports Metabolism  
and Cardiovascular Health<sup>†</sup>

Dietary Supplement

**60 VEGETARIAN TABLETS**



## Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

Amount Per Serving

% Daily Value

Niacin

1.2 mg 6%

Chromium (from chromium  
polynicotinate)\*

200 mcg 167%

\*ChromeMate® brand niacin-bound chromium  
(U.S. Patent 5,194,615).

Other Ingredients: Cellulose, magnesium stearate (vegetable source), silica.

**SUGGESTED USE:** Take one tablet daily with food.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF REACH OF CHILDREN.** VL 631J



19985631313