

Chromium plays a major role in regulating metabolism, especially glucose metabolism, but it is sorely lacking in the American diet. Additionally, strenuous exercise and a high intake of refined sugar can increase the body's excretion of chromium. Our Chromium Picolinate supplement is a premium source of chromium.†

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# CHROMIUM PICOLINATE 200 mcg

Supports Glucose Metabolism†

Dietary Supplement

**100 CAPSULES**



## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving

% Daily Value

Chromium (from  
chromium picolinate)

200 mcg 167%

Other Ingredients: Capsule (gelatin), cellulose, magnesium stearate (vegetable source).

**SUGGESTED USE:** Take one capsule daily with food.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

**Diabetics should use only under a physician's supervision.**

**KEEP OUT OF REACH OF CHILDREN. VL 630G**

