

ACTIVE INGREDIENTS:  
MENSTRUUM:  
SHAKE WELL BEFORE USE. ADULTS TAKE UP TO 30 DROPS (1 ML, ONE FULL SQUEEZE OF THE DROPPER BULB) IN 3-4 FL. OZ OF JUICE OR WATER UP TO 4 TIMES A DAY.  
WE RECOMMEND TO SEEK EXPERT MEDICAL ADVICE BEFORE TAKING THIS OR ANY OTHER HERBAL SUPPLEMENTS.  
\*THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FDA AND IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.  
MANUFACTURED IN THE USA IN AN FDA REGISTERED FACILITY  
MAY HAVE CONTRAINDICATIONS.  
DO NOT USE IF YOU ARE ALLERGIC TO ANY INGREDIENTS. CONSULT A PHYSICIAN BEFORE USING DURING PREGNANCY, IF NURSING, OR IF YOU ARE ON ANY MEDICATIONS.  
KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY, DARK PLACE.

CAUTION

**ACTIVE INGREDIENTS:**  
Extractives of Certified Organic BERGAMOT (*Citrus Bergamia*) dried fruit peel.  
Origin of plant material: Italy.

**MENSTRUUM:**  
Vegetable palm glycerin, purified water.

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**ALCOHOL  
FREE**



**NON  
GMO**

**ALCOHOL-FREE LIQUID HERBAL EXTRACT 4 fl.oz (120 ml)**

### Supplement Facts

Serving Size: 1 ml;  
Servings Per Container: 120 % DV †

#### Amount Per Serving

Bergamot (*Citrus Bergamia*)  
dried fruit peel liquid extract. 970 mg ‡

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

‡ Daily Value Not Established.

Extraction rate: Dried herb/menstruum: 1/3.  
1 ml is equal to about 330 mg of dried plant material.

Glycerin/water ratio: 3/2.

**NO** Artificial Ingredients, GMO, GLUTEN, Color Additives, Fillers, Preservatives or Binders.



**MADE IN USA**

**MADE IN AN**



**REGISTERED FACILITY**



**GLUTEN FREE**



**HerbalTerra.com**



**BEST USE BY:**

**PART #:**