

# 21<sup>ST</sup> CENTURY®



DIETARY SUPPLEMENT

Red Yeast Rice (*Monascus purpureus*) has been used for centuries in the Chinese diet as a staple food and for its health benefits.\* 21<sup>ST</sup> Century Red Yeast Rice has been quality tested to assure maximum benefit.

**Directions:** Take one (1) vegetarian capsule twice daily with any meal, or as directed by a healthcare provider. Do not exceed four (4) capsules in a 24 hour period. Do not exceed recommended dosage.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

**WARNING:** Do not use if you are pregnant, may become pregnant, or are breast feeding, because this product contains a chemical known to harm fetuses. If you are taking any medications, consult your doctor before use. Avoid this product if you have liver disease. Discontinue use and consult your doctor if any adverse reactions occur including muscle pain or weakness, rash or gastrointestinal discomfort. Not intended for use by persons under the age of 18.

No added Sugar, Salt, Preservatives or Artificial Flavors.

**100% VEGETARIAN FORMULA**

**100% VEGETARIAN**

## Red Yeast Rice

**A Valuable Addition to  
a Healthy Diet\***

**150 Vegetarian Capsules**

### Supplement Facts

Serving Size: 2 Vegetarian Capsules  
Servings Per Container: 75

Amount Per Serving	% DV
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Red Yeast Rice ( <i>Monascus purpureus</i> )	1200 mg **
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\*\* Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Maltodextrin, Silicon Dioxide, Magnesium Stearate, Oat Fiber, Rice Bran.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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