

SUGGESTED USE: Shake lightly before each use. On an empty stomach or between meals, take 1 tsp (5 ml) by mouth. May mix in water or juice. Use as directed by your healthcare professional. Do not take within 3 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use.

STORAGE: Store in a cool, dry place away from direct sunlight and out of reach by children. For maximum potency, after opening: refrigerate and use within 40 days.

Optimal Liposomal Vitamin C utilizes liposomes to facilitate absorption of our high-potency vitamin C. The phospholipid base is non-hydrogenated and derived from GMO-free sunflower oil – without the common use of soy. Our fantastic lemon zest flavor is 100% natural and kid-approved!†

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Optimal Liposomal Vitamin C Meets or Exceeds cGMP Standards.



TARGETED SUPPORT®



SeekingHealth®

Optimal Liposomal Vitamin C

Lemon Zest
1,000 mg

Dietary Supplement

5 FL. OZ. (150 ML)

Supplement Facts

Serving Size: 1 tsp (5 ml)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	2 g	<1%†
Vitamin C	1,000 mg	1,111%
(as sodium ascorbate, ascorbic acid)		
Sodium	90 mg	4%
(as sodium ascorbate)		
Phosphatidylcholine	400 mg	*
and Phosphatidylethanolamine		
Complex (from non-GMO		
Sunflower oil)		

*Daily Value (DV) not established.

†%DV based on a 2,000 cal/day diet.

Other Ingredients: Purified water, organic glycerin, natural flavors, xanthan gum, gum arabic, and potassium sorbate (0.1%, to deter spoilage).

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:
Seeking Health, LLC
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DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, gluten, artificial colors, or artificial flavors.

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