

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product. Due to the Vitamin A dose, this product is not recommended for women who may become pregnant or of child bearing age. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Store in a cool, dry place. Use only if safety seal is intact.

**Gluten-free, Non-GMO**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #200577A V3

# Ultra Preventive® III

## Multivitamin/Mineral Formula

with Copper & Iron

Dietary Supplement

Daily wellness†



180 Tablets

## Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A	7,500 mcg	833%	Copper (as copper amino acid chelate)	2 mg	222%
(40% as vitamin A palmitate/ 60% [4,500 mcg] as beta-carotene)			Manganese (as manganese aspartate/sulfate complex)	20 mg	870%
Vitamin C (as ascorbic acid)	1,200 mg	1,333%	Chromium (as chromium polynicotinate)	200 mcg	571%
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)	125%	Molybdenum (as molybdenum krebs <sup>††</sup> )	100 mcg	222%
Vitamin E (as vitamin E succinate)	268 mg	1,787%	Potassium (as potassium aspartate/chloride complex)	99 mg	2%
Thiamine (as thiamine HCl)	100 mg	8,333%	L-Cysteine/N-Acetyl-L-Cysteine	200 mg	*
Riboflavin	50 mg	3,846%	Betaine (as betaine HCl)	114 mg	*
Niacin/Niacinamide	190 mg	1,188%	Inositol	100 mg	*
Vitamin B <sub>6</sub> (as pyridoxine HCl/ pyridoxal-5-phosphate complex)	100 mg	5,882%	Citrus Bioflavonoids Complex	100 mg	*
Folate (as Metafolin®, L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)	333%	PABA (para-aminobenzoic acid)	50 mg	*
Vitamin B <sub>12</sub> (as cyanocobalamin)	100 mcg	4,167%	Glutamic Acid	20 mg	*
Biotin	300 mcg	1,000%	L-Methionine	12.5 mg	*
Pantothenic Acid (as d-calcium pantothenate)	500 mg	10,000%	Boron (as boron aspartate/citrate complex)	1.5 mg	*
Choline (from choline citrate/bitartrate)	60 mg	11%	Trace Elements (from seawater)	100 mcg	*
Calcium (as calcium citrate/ascorbate/carbonate complex)	500 mg	38%	Vanadium (as vanadium krebs <sup>††</sup> )	50 mcg	*
Iron (as Ferronyl®, carbonyl iron)	20 mg	111%			
Iodine (from kelp)	200 mcg	133%			
Magnesium (as magnesium ascorbate/aspartate/oxide complex)	500 mg	119%			
Zinc (as zinc amino acid chelate)	25 mg	227%			
Selenium (as selenium krebs <sup>††</sup> )	200 mcg	364%			

Other ingredients: Microcrystalline cellulose, coating (purified water, hypromellose, glycerin), croscarmellose sodium, stearic acid, silica and vegetable stearate

<sup>††</sup>Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

\*Daily Value (DV) not established