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Manufactured for: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 2 softgels daily or as directed by your health professional.

**Warning:** If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202260 V3

# QÜELL®

## FISH OIL

### EFA Plus

**Dietary Supplement**

Skin health, eye moisture, and joint support<sup>†</sup>

 **DOUGLAS**  
LABORATORIES®

**60 Softgels**

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Fat	1 g	1%*
Vitamin A (as retinyl palmitate)	150 mcg	17%
Vitamin C (as ascorbic acid)	50 mg	56%
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	25 mg	1,471%
Magnesium	100 mg	24%
(as magnesium amino acid chelate)		
Omega-3 Supercritical CO <sub>2</sub>		
Triglyceride Concentrate	750 mg	*
Providing:		
EPA (eicosapentaenoic acid)	340 mg	*
DHA (docosahexaenoic acid)	220 mg	*
GLA (from borage seed oil)	100 mg	*
Astaxanthin	1.5 mg	*

\*Daily Value (DV) not established

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: Sunflower lecithin, beeswax and capsule [gelatin from fish [tilapia], glycerin, water, carob]

**Contains:** Fish Oil (anchovies, sardines, mackerel)