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product info

Read the entire label and follow the directions carefully  
prior to use.

**DIRECTIONS:** Take one (1) capsule one to  
four times daily, or as recommended by a  
healthcare practitioner.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L009251



**LIFE  
EXTENSION®**

**Mega  
Benfotiamine  
250 mg**



GLUTEN FREE



**Fat & Water Soluble Vitamin B1**

**120** VEGETARIAN | DIETARY  
CAPSULES | SUPPLEMENT

**Supplement Facts**

Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
Thiamine (vitamin B1) (as thiamine HCl)	10 mg	833%
Benfotiamine	250 mg	**

\*\*Daily Value not established.

**Other ingredients:** vegetable cellulose (capsule),  
microcrystalline cellulose, silica, vegetable  
stearate, dicalcium phosphate.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product  
information, contact 1-866-280-2852.