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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule one to four times daily, with or without food, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

L00925H



# Mega Benfotiamine

250 mg



Fat & Water Soluble Vitamin B1

**120** VEGETARIAN  
CAPSULES | DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
Thiamine (vitamin B1) (as thiamine HCl)	10 mg	833%
Benfotiamine	250 mg	**

\*\*Daily Value not established.

**Other ingredients:** vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, dicalcium phosphate.

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.