

**Directions:** Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Lot No:

Best by:

01020NDN



### Supplement Facts

Serving Size 2 capsules

Servings Per Container 15

Amount Per Serving	% Daily Value
Thiamin (vitamin B1) (as thiamine HCl, thiamine cocarboxylase chloride)	50 mg 4,167%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg 3,846%
Niacin (as inositol hexaniacinate)	100 mg 825%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	50 mg 2,941%
Folate (from 1,228 mcg L-5-Methyltetrahydrofolate-calcium salt)	667 mcg DFE 167%
Vitamin B12 (as cyanocobalamin, methylcobalamin)	500 mcg 20,833%
Biotin (as D-Biotin)	200 mcg 667%
Pantothenic Acid (as calcium d-pantothenate, panthothenol)	50 mg 1,000%
PABA (para-aminobenzoic acid)	50 mg *
Phosphatidylcholine (from sunflower lecithin)	34 mg *
Inositol (from 130 mg inositol hexanicacnate)	27 mg *
Alpha-Lipoic Acid	100 mcg *

\* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, rice bran extract, vegetable glaze, sunflower oil.

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 6417

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate – one of the most advanced forms currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor. This product has been manufactured at a GMP Registered facility.

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG

**YES** CERTIFIED VEGAN BY THE AVA

**YES** RECYCLABLE PACKAGING

**YES** MANUFACTURING SUPPORTS WIND POWER

**YES** KOSHER

**NO** YEAST, WHEAT OR SOY

**NO** MILK, SUGAR OR PRESERVATIVES

**NO** ARTIFICIAL COLORS, FLAVORS

OR SWEETENERS

**NO** MAGNESIUM STEARATE

**NO** GMOs



\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Country®  
Life

# COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- ▶ With L-5-Methyltetrahydrofolate
- ▶ Supports Energy\*\*

Dietary Supplement

30 Vegan Capsules

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY