

designs for health®



Insomnitol™

Dietary Supplement
For Professional Use Only

60 Vegetarian Capsules

Report any adverse reactions to 860.623.6314

Notice: Color, size or shape may appear different between lots.

PharmaGABA™ is a trademark of Pharma Foods International Co., Ltd.

Does not contain gluten.



Recommended Use: As a dietary supplement, take two capsules per day 30-60 minutes before bedtime, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 30

| Amount Per Serving | | % Daily Value | Amount Per Serving | | % Daily Value |
|---|--------|---------------|---|--------|---------------|
| Vitamin B-6 (as Pyridoxal-5-Phosphate) | 10 mg | 500% | German Chamomile (<i>Matricaria recutita</i>)(flower) [standardized to contain 1.2% apigenin] | 200 mg | * |
| Valerian (<i>Valeriana officinalis</i>)(root) [standardized to contain 0.8% valerenic acid] | 400 mg | * | gamma-Aminobutyric acid (as PharmaGABA™) | 100 mg | * |
| Passion Flower(<i>Passiflora incarnata</i>) (flower) [standardized to contain 3.5% flavonoids] | 200 mg | * | L-Theanine | 100 mg | * |
| Lemon Balm (<i>Melissa officinalis</i>)(leaves) [standardized to contain 3% rosmarinic acid] | 200 mg | * | 5-HTP (5-Hydroxytryptophan) | 100 mg | * |
| | | | Melatonin | 3 mg | * |
| | | | *Daily Value not established. | | |

Other Ingredients: Microcrystalline cellulose, vegetable stearate, silicon dioxide.



Formulated and distributed by:

Designs for Health, Inc.

980 South Street, Suffield, CT 06078

www.designsforhealth.com

Manufactured in an NSF GMP Registered Facility

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.