

Directions: As a dietary supplement take 1 capsule twice daily with meals or as recommended by a qualified healthcare professional.

Read First: Children, women who are pregnant or nursing, and those being treated for a medical condition should consult a healthcare professional.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease."



Distributed by
Pure Prescriptions, Inc.
www.PurePrescriptions.com
1.800.860.9583



PURE
PRESCRIPTIONSTM

NATURAL HEALTH SOLUTIONS

ACTIVATED B-COMPLEX

PROFESSIONAL GRADE

60 CAPSULES

Dietary Supplement

Featuring L-Methylfolate
as Quatrefolic® - B12

A Balanced Combination of Optimally Formulated B-Vitamins

Supplement Facts

Serving Size: 1 Capsule, Servings Per Container: 60

Amount per Serving

% DV

Vitamin C (as Ascorbyl Palmitate)	3.25 mg	5%
Thiamine (as Thiamine HCl)	100 mg	5,000%
Riboflavin (as Riboflavin-5-Phosphate Sodium and Riboflavin)	15 mg	600%
Niacin (as Nicotinamide and Inositol Hexaniacinate)	110 mg	550%
Vitamin B6 (as Pyridoxine HCl and Pyridoxal-5-Phosphate)	20 mg	1,000%
Folic Acid (as (S)-5-Methyltetrahydrofolic Acid Glucosamine Salt) (Quatrefolic®)	667 mcg	167%
Vitamin B12 (as Methylcobalamin)	400 mcg	5,000%
Biotin	400 mcg	130%
Pantothenic Acid (as Calcium-D-Pantothenate)	100 mg	1,000%

Other Ingredients: Hypromellose (Capsule), Dicalcium Phosphate, Stearic Acid. Quatrefolic® is a registered trademark of Gnosis.