

HIGHER NATURE®

MILK THISTLE

30
hard
capsules

A traditional herbal medicinal product used to relieve the symptoms associated with occasional over indulgence of drink and food, based on traditional use only.

MILK THISTLE STANDARDISED FRUIT EXTRACT



Traditionally
used for:

- ✓ Over-indulgence
- ✓ Indigestion
- ✓ Upset stomach

HIGHER NATURE®
MILK THISTLE

HIGHER NATURE® MILK THISTLE

HEMT030

A traditional herbal medicinal product used to relieve the symptoms associated with occasional over indulgence of drink and food such as indigestion and upset stomach, based on traditional use only.

DOSAGE:

For oral use. Adults and the elderly. Take 1 capsule up to twice daily. The capsules should be swallowed whole with some water or other liquid. The capsules should not be chewed.

WARNING: DO NOT EXCEED THE STATED DOSE.

Do not use if you are:

- under 18 years
- pregnant or breastfeeding
- allergic to any of the ingredients

KEEP OUT OF SIGHT AND REACH OF CHILDREN

Please read the enclosed Patient Information Leaflet carefully before taking these capsules.

Do not use if you are allergic to Milk Thistle or other members of the daisy (Asteraceae/Compositae) family.

STORAGE:

Do not store above 25°C.

Store in the original packaging. Expiry date: see base.

ACTIVE INGREDIENTS:

Each capsule contains:

193mg - 261mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertn.) (equivalent to 3.725g - 10.818g of Milk Thistle fruits) corresponding to 108mg of silymarin, calculated as silibinin. Extraction solvent: acetone 95% v/v.

Manufactured in Germany for
Higher Nature, Burwash Common,
East Sussex TN19 7LX
by the THR holder:
Schwabe Pharma (UK) Ltd
Marlow, Bucks SL7 1PD

THR 23056/0010



certification mark