

Hepatic System

Supports Liver Function*

AM Packet

Supplement Facts

Serving Size 1 AM Packet (2 tablets, 1 capsule)
Servings Per Container 30

	Amount Per 1 Packet	%Daily Value
Vitamin A (beta-carotene)	4,200 mcg RAE	467%
Vitamin C (ascorbic acid)	480 mg	533%
Choline (bitartrate)	44 mg	8%
Inositol	110 mg	†
Milk Thistle Seed Extract (<i>Silybum marianum</i>) [standardized to 80% (280 mg) silymarin]	350 mg	†
Milk Thistle Combination Proprietary Blend	410 mg	†
Dandelion Root (<i>Taraxacum officinale</i>), N-Acetyl-Cysteine		
Liver Balance TCM Proprietary Blend	425 mg	†
Extracts of: Bupleurum Root (<i>Bupleurum chinense</i>), Chinese Peony Root without Bark (<i>Paeonia lactiflora</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Cassia Twig (<i>Cinnamomum cassia</i>), Dong Quai Root (<i>Angelica sinensis</i>), Hoelen Sclerotium with Hostwood (<i>Poria cocos</i>), Scute Root (<i>Scutellaria baicalensis</i>), Young Bitter Orange Fruit (<i>Citrus xaurantium</i>), Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)		
†Daily Value not established.		

Other Ingredients: Cellulose, stearic acid, capsule (gelatin, water), magnesium stearate, maltodextrin, silicon dioxide.

This 30 day program contains two types of packets marked: **AM** (2 Milk Thistle Combination tablets, 1 Liver Balance TCM capsule) and **PM** (6 Psyllium Hulls capsules).

RECOMMENDATION: Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal.

Follow this pattern for 30 days.

Warning: Do not take this product if you are taking prescription medication without first consulting a health care professional. Consult a health care practitioner before taking this supplement if you are currently on any anti-coagulant (blood thinning) therapy.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660
Stock No. 5381 1-800-223-8225 naturessunshine.com

PM Packet

Supplement Facts

Serving Size 1 PM Packet (6 capsules)
Servings Per Container 30

	Amount Per 1 Packet	%Daily Value
Psyllium Hulls (<i>Plantago ovata</i>)	2790 mg	†
†Daily Value not established.		

Other Ingredients: Capsule (gelatin, water).

The human liver is one of the most versatile and complex biochemical processing plants in existence; it's the metabolic mastermind of the human body and plays a vital role in digestion, metabolism, and detoxification. In Cherokee medicine the liver is considered the “seat of healing”, and in Chinese medicine it is “home of the wood element”, the *element of life*. In Western medicine the liver is the home of the *second digestion*, as all of the blood from the digestive tract is shunted through the hepatic vein before being allowed into general circulation. The ingredients in this 30 day **Hepatic System** program are formulated and traditionally used to support proper liver function, and to help protect and nourish the body's largest organ.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Hepatic System

Supports Liver Function*

DIETARY SUPPLEMENT - 30 DAY PROGRAM
60 PACKETS - (30 AM, 30 PM; 210 capsules, 60 tablets)

Milk Thistle Combination: Provides nutrients and antioxidants that support and protect the liver and its functions. Silymarin found in Milk Thistle helps stabilize liver cell membranes, which helps guard liver cells from toxins.*

Liver Balance TCM: Contains Bupleurum, which is a Chinese “cooling herb” believed to help detoxify and replenish the liver, and to aid the upward flow of chi, thereby strengthening the body against stress. Other Chinese herbs in this formula may support circulation, the digestive system, and general energy.*