

**Target-Mins®** are made with specific free-form amino acids and uses a calcium: phosphorus and calcium: magnesium ratio of 2:1 to support calcium utilization.\* Supports body availability of calcium.\* Adequate calcium as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- |  |                                  |
|--|----------------------------------|
| <b>YES</b> NON-GMO VERIFIED BY TRUE NORTH    | <b>NO</b> YEAST OR WHEAT         |
| <b>YES</b> CERTIFIED GLUTEN-FREE BY GFCD.ORG | <b>NO</b> SOY OR MILK            |
| <b>YES</b> CERTIFIED VEGAN BY THE AVA        | <b>NO</b> SUGAR OR PRESERVATIVES |
| <b>YES</b> RECYCLABLE PACKAGING              | <b>NO</b> ARTIFICIAL COLORS,     |
| <b>YES</b> MANUFACTURING SUPPORTS WIND POWER | FLAVORS OR SWEETENERS            |
| <b>YES</b> KOSHER                            | <b>NO</b> MAGNESIUM STEARATE     |

This product has been manufactured at a GMP Registered facility.

△Per serving

Lot No:

Best by:



Dietary Supplement

90 Tablets

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

ESTABLISHED  
— 1971 —  
**Country®  
Life**

• TARGET-MINS® •  
**CALCIUM  
MAGNESIUM**

Complex

1,000 mg: 500 mg<sup>△</sup>

Certified Gluten-Free

- Formulated to maximize calcium utilization\*
- Only 2 tablets per day



**Directions:** Adults take two (2) tablets daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

**Supplement Facts**

Serving Size 2 tablets

Servings Per Container 45

Amount Per Serving	% Daily Value	
Calcium (as calcium hydroxyapatite, calcium citrate, calcium aspartate, calcium <i>alpha</i> -ketoglutarate, calcium lysinate)†	1,000 mg	77%
Phosphorus (as calcium hydroxyapatite)†	500 mg	40%
Magnesium (as magnesium oxide, magnesium citrate, magnesium aspartate, magnesium taurinate, magnesium <i>alpha</i> -ketoglutarate)†	500 mg	119%

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken.**

**Store in a dry place between 59°-86° F.**

**Keep out of the reach of children.**

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 2480