



Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



Recommended Use: Take 1 capsule with a meal three times daily.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per 1 Capsule		% Daily Value
Thiamin (Vitamin B ₁ , mononitrate)	33 mg	2750%
Riboflavin (Vitamin B ₂)	33 mg	2538%
Niacin (niacinamide)	33 mg	206%
Vitamin B ₆ (pyridoxine HCl)	33 mg	1941%
Folate	200 mcg DFE (120 mcg folic acid)	50%
Vitamin B ₁₂ (cyanocobalamin)	33 mcg	1375%
Biotin	100 mcg	333%
Pantothenic Acid (d-calcium pantothenate)	33 mg	660%
Choline (bitartrate)	11 mg	2%
Proprietary Blend	150 mg	†
Inositol, Lemon Bioflavonoid Extract, Para-Aminobenzoic Acid (PABA), Rutin, Wheat Germ (<i>Triticum aestivum</i>), Rose Hips (<i>Rosa canina</i>), Acerola Fruit Extract (<i>Malpighia glabra</i>)		

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), cellulose, vegetable magnesium stearate, silicon dioxide.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

We source the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended.

B-Complex

GENERAL NUTRITION SUPPORT*

Yeast Free

Dietary Supplement
100 CAPSULES

NEW
LOOK!

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PRODUCT



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