

PRODUCT #11882

DIRECTIONS: As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: If you have a medical condition, are planning any medical procedure, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinsons or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. **KEEP OUT OF REACH OF CHILDREN.**

⚠WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

Consumer Information Services
Voice Mail: 800-845-2730

Certified Kosher. 

Made in the U.S.A.
Family owned and operated.

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MNP HEALTHCARE
SOLUTIONS
SINCE 1984
Michael's® Naturopathic Programs



Sleep Factors™

90 vegan
capsules

CONTAINS
5-HTP &
MELATONIN

dietary supplement
Synergistically Complete

Supplement Facts

Serving Size: Three (3) Veggie Caps
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Niacin (as Niacinamide)	10 mg	63%
Biotin	50 mcg	167%
Calcium (as Calcium Citrate)	200 mg	15%
Magnesium (as Magnesium Citrate)	200 mg	48%
Proprietary Blend	300 mg	*
Inositol, 5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed), American Skullcap (Aerial Parts) (<i>Scutellaria lateriflora</i>), Hops Flower (<i>Humulus lupulus</i>) and Passionflower (Leaf and Flower) (<i>Passiflora incarnata</i>)		
Melatonin	300 mcg	*

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Microcrystalline Cellulose, Leucine and Dicalcium Phosphate.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD
SAN ANTONIO, TEXAS 78233
www.michaelshealth.com

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.



7
55929
11882
3