



**Suggested usage:** Chew 2 tablets at bedtime or as directed by a health professional.

**Cautions:** As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Tranquil Sleep formula is a unique combination of compounds that support relaxation and enhance natural sleep quality.\* In a tasty, tropical fruit-flavored chewable tablet.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

*Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs.*

*Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Natural Factors  
14224 167th Avenue SE  
Monroe, WA 98272



Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

Stress-Relax<sup>®</sup>

# Tranquil Sleep<sup>®</sup>

5-HTP, Suntheanine<sup>®</sup> & Melatonin

60 Chewable Tablets

ADVANCED FAST ACTING FORMULA



## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%±
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%±
Suntheanine <sup>®</sup> L-Theanine	200 mg	**
5-Hydroxytryptophan (5-HTP) ( <i>Griffonia simplicifolia</i> ) (seed)	30 mg	**
Melatonin	3 mg	**

± Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Organic cane sugar, stearic acid, xylitol, silica, natural source flavors (tropical, peach), citric acid, magnesium stearate (vegetable grade).

*Suntheanine<sup>®</sup>* is a registered trademark of Taiyo International, Inc.  
Isura<sup>™</sup> is a trademark of ISURA.

