

## Supplement Facts

Serving Size 1 capsule  
Servings Per Container 60

Amount Per Serving	% DV
Vitamin C 1,000 mg . . . . .	1,670%
(as ascorbic acid)	

OTHER INGREDIENTS: Vegetable stearic acid, gelatin (Kosher & Halal certified), water.

# Vitamin C

**standard**  
VITAMINS

## ascorbic acid

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### 1,000 mg per capsule

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Vitamin C is necessary to form collagen, the protein needed to make and maintain healthy *blood vessels, cartilage and skin*. As an antioxidant, it also supports a healthy *immune system*.\*

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DIETARY SUPPLEMENT  
60 CAPSULES

**10**  
MINUTES<sup>\*\*</sup>

\*\* These capsules will disintegrate in the digestive tract within 10 minutes after swallowing.

**DIRECTIONS:** Take 1 capsule daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

**QUALITY GUARANTEE:** Certified potency and purity. Satisfaction guaranteed.

**ALLERGEN STATEMENT:** This product does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soybeans (see [www.fda.gov](http://www.fda.gov)). Gluten free.

\* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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