

L-Glutamine is a major fuel source for intestinal, immune and brain cells. It also comprises nearly 60% of the body's total amino acid muscle pool. L-Glutamine regulates nitrogen transport to and from muscle tissue, thereby promoting amino acid balance. This formulation provides Free Form L-Glutamine to promote optimal absorption and assimilation.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:  
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# L-GLUTAMINE 500 MG

NATURAL MUSCLE FOOD\*  
PROMOTES GI HEALTH\*

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGETARIANS



250 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 3 Vegetable Capsules

Servings Per Container: 83

### Amount Per Serving

L- Glutamine	1500 mg**
(Free Form)	

**\*\*Daily Value not established**

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take three (3) vegetable capsules up to three times daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

