Calcium is an essential mineral needed every day for proper health.\* 99% of the body's calcium can be found in the bones. This mineral provides the building blocks that help keep bones and teeth strong and healthy." In addition, calcium helps to support the health of other systems in the body, including the heart, musculoskeletal and nervous systems.\* This formula contains Vitamin D3 to enhance the absorption of calcium.\*

Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Carefully Manufactured by: Solgar, Inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4

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Prod 415

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SOLGAR® Since 1947

## CALCIUM FROM OYSTER SHELL

WITH VITAMIN D3 PROMOTES BONE HEALTH\*

Non-GMO

GLUTEN, WHEAT & DAIRY FREE

60 TABLETS

DIETARY SUPPLEMENT

GF)

## **Supplement Facts**

Serving Size: 2 Tablets Servings Per Container: 30

**Amount Per Serving** %DV Vitamin D3 15 mcg (600 IU) 75% (as cholecalciferol) 1,200 mg

(as calcium carbonate from ovster shell) Sodium 15 ma

Calcium

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Glycerin, Vegetable Magnesium Stearate, Titanium Dioxide (color).

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor and Sweetener.

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to dippnose, treat, cure or prevent any disease.

