



AYURVEDIC HERBS

# Shatavari

Rejuvenative for Vata and Pitta that  
Promotes Vitality and Strength\*



90 Tablets  
Dietary Supplement

Certified Organic

**SUGGESTED USE:** Take 1–2 tablets, once or twice daily, or as directed by your health practitioner.

## Supplement Facts

Serving Size: 2 tablets	Amount
Servings Per Container: 45	Per Serving
<b>Shatavari root, <i>Asparagus racemosus</i>+</b>	<b>1000mg**</b>

\*\*Daily Value not established

Other ingredients, from natural sources: organic rice flour, organic gum acacia.

+Certified Organic

Store in a cool, dry place. Do not use if seal is broken or missing.  
Free of gluten, soy, and dairy. 100% vegetarian.

In Ayurveda, shatavari is considered one of the best herbs for revitalizing the female reproductive system. Useful for women and men, it supports the immune system, improves the intellect, and enhances strength and energy.\*

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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1-800-953-6424 banyanbotanicals.com

