



# Carlson®

## Healthy Mood 5-HTP<sup>Elite</sup>

### 100 mg



Natural  
Raspberry  
Flavor

DIETARY SUPPLEMENT

✓ Serotonin Production\* ✓ Healthy Mood\* ✓ Promotes Relaxation\*

120 Tablets

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

Amount Per Serving		% DV
Vitamin B-6	2 mg	118%
(as pyridoxyl-5-phosphate and pyridoxine HCl)		
5-Hydroxytryptophan	100 mg	†
(from <i>Griffonia simplicifolia</i> )(seeds)		

† Daily Value (DV) not established.

Other Ingredients: Sorbitol, mannitol, stearic acid (veg.), natural flavors, microcrystalline cellulose, silicon dioxide, croscarmellose sodium, magnesium stearate (veg.).

**Directions:** Adults: take or dissolve two tablets in mouth once or twice daily **at mealtime.**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Healthy Mood 5-HTP Elite** is a feel good formula that supports serotonin production.\* Serotonin is a major neurotransmitter in our brain. 5-HTP helps provide a sense of well-being and promotes a healthy mood.\*

✓ **Gluten-free** ✓ **Soy-free**

✓ **No Artificial Preservatives**

WARNING: DO NOT take if you are pregnant, breastfeeding, or taking prescription anti-depressants or drugs with central nervous system or serotonergic activity (e.g., SSRIs, MAO inhibitors, tricyclics, carbidopa, or tramadol). Consult your physician before use if you are taking prescription medications.

**POTENCY & QUALITY  
GUARANTEED**

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