



# Selenium

200 mcg • Yeast-Free

DIETARY SUPPLEMENT

✓ Prostate Health\* ✓ Immune Support\* ✓ Antioxidant\*

60 Capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calcium (from dicalcium phosphate)	22 mg	2%
Selenium (from L-selenomethionine)	200 mcg	364%

Other Ingredients: Microcrystalline cellulose, beef gelatin capsule, magnesium stearate, silicon dioxide.

Directions: Adults: take one capsule daily at mealtime.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

### POTENCY & QUALITY GUARANTEED

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Selenium is an essential trace mineral and an important component of glutathione peroxidase, an antioxidant that protects against free radical damage.\* Muscle enzymes also use selenium to maintain normal mass and tone.\*

Each capsule contains Selenium organically-bound with L-Methionine, an essential amino acid in human nutrition.

- ✓ **Gluten-free**
- ✓ **No Artificial Preservatives**



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