

Carlson®

Niacin·Time®

Timed-Release Niacin  
500 mg

DIETARY SUPPLEMENT

✓ Energy Production\* ✓ Heart Health\* ✓ Nerve Function\*

100 Tablets

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

	Amount Per Serving	% Daily Value
Niacin (as nicotinic acid)	500 mg	3,125%

Other Ingredients: Stearic acid, microcrystalline cellulose, carnauba wax, hydroxypropylcellulose, magnesium stearate, silicon dioxide.

**Directions:** Adults: take one tablet daily at **mealttime**. Consult your physician before exceeding recommended use. Keep bottle tightly closed. Store away from heat and moisture.

**Warning:** Do not take if you are pregnant or lactating. Do not take if you have low blood pressure without first consulting your physician.

✓ **Gluten-free**  
✓ **No Artificial Preservatives**

\*If flushing or itching occurs, drinking 1 or 2 glasses of water may alleviate symptoms.

Niacin (vitamin B-3) is an essential B vitamin that's important for properly metabolizing fat and fat-like substances, such as cholesterol.\* Niacin supports energy production, and healthy cardiovascular and nervous system function.\*

Niacin may cause flushing or itching, but Niacin-Time® is prepared to minimize or eliminate these side effects by providing a gradual release of Niacin over a period of several hours. Please be aware that a flush may occur.® Taking this product with warm fluids may enhance this effect.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

### POTENCY & QUALITY GUARANTEED

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