

Molecularly Distilled | Guaranteed Purity

NORDIC NATURALS®



Postnatal Omega-3 is specifically formulated to address the unique needs of new moms, offering EPA and vitamin D3 to support a positive mood and optimal wellness after childbirth.\* This formula also includes 456 mg DHA to support maternal cognition and continued neurological development in nursing infants.\* Highly concentrated, 90+% triglyceride-form fish oil allows for maximum potency and absorption in easy-to-swallow soft gels.\*

- ✓ Positive Mood\*
- ✓ Healthy Immunity\*
- ✓ Body Composition\*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

**Warning:** Consult with your physician before using this product if you are allergic to iodine, or use blood thinners.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway.  
Manufactured in the U.S. by:  
NORDIC NATURALS, Mfg.  
111 Jennings Drive  
Watsonville, CA 95076  
**800.662.2544**  
nordicnaturals.com



# POSTNATAL OMEGA-3

Great lemon taste!



1120 mg Omega-3 + 1000 IU D3  
Formulated specifically for new moms  
to support optimal wellness after birth\*

Superior Triglyceride Form

Dietary Supplement | 60 Soft Gels

## Supplement Facts

Serving Size: 2 Soft Gels      Servings per container: 30

Amount Per Serving	% Daily Value**†	
Calories	15	
Total Fat	1.5 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	25 mcg(1000 IU)	167%
Total Omega-3s	1120 mg	†
EPA (Eicosapentaenoic Acid)	586 mg	†
DHA (Docosahexaenoic Acid)	456 mg	†
Other Omega-3s	78 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
‡ Daily Value for pregnant women and lactating women.  
Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol (antioxidant), vitamin D3 (olive oil, cholecalciferol), rosemary extract (a natural preservative).  
No gluten, milk derivatives, or artificial colors or flavors.

Please recycle this container

RevD-01