

L-Carnitine is a dipeptide made up of two other essential amino acids: L-Methionine and L-Lysine. It promotes energy and fat metabolism, and is found naturally in cells which use fat for energy. This formulation provides Free Form L-Carnitine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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B300560 00B



L-CARNITINE 250 MG

FREE FORM

SUPPORTS ENERGY & FAT METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 30

Amount Per Serving	%DV
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Vitamin B6 (as pyridoxine HCl)	5 mg	250%
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L-Carnitine (Free Form)	500 mg	**
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**Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Stearic Acid,
Vegetable Magnesium Stearate, Silica.

FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.

SUGGESTED USE: As a dietary supplement for adults, take two (2) to eight (8) vegetable capsules daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

