

## LOVE & CONSCIOUSNESS IN ACTION:

*Whole herb solutions for healthy conscious living,  
grown sustainably by small family farmers  
using regenerative organic agriculture.*

**Vegan • Vegetarian • Gluten Free**



**PEACEFUL SLEEP®** *supports sound  
and refreshing sleep.\**

**Suggested Use:** 2-3 caps before bed with water.

Do not use if pregnant or nursing without consulting a physician.

**⚠ WARNING:** Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**HERBAL SUPPLEMENT**  
**90 VEGETARIAN CAPS**



**PEACEFUL SLEEP®**  
*Balances Sleep Cycles\**

## Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

### Amount Per Serving

† Organic Gotu Kola aerial parts (*Centella asiatica*) 636mg\*

† Organic Ashwagandha root (*Withania somnifera*) 255mg\*

† Organic Holy Basil leaf (*Ocimum sanctum*) (Krishna Tulsi variety) 129mg\*

\*Daily Value not established

Other ingredients: † Organic Vegetable Pullulan Capsules  
† Certified Organic Ingredients

**PRODUCT OF INDIA FOR EXPORT**  
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