



# GENTLE BIRTH

## Childbirth Support (Without Red Raspberry)

EXPECTING & NURSING

4 fl. oz.  
(120 mL)

HERBAL DIETARY  
SUPPLEMENT

96  
SERVINGS



**SUGGESTED USE:** During the last 5 weeks of pregnancy: **Week 1:** 1/4 tsp. 2 times daily before meals. **Weeks 2-5:** 1/4 tsp. 3 times daily before meals. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:  
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### Help your body prepare to give birth\*

- Enjoy a comfortable labor and delivery\*
- Support a quick recovery\*
- Midwife-approved\*



1 dropperful = approx. 1/8 tsp.

### Supplement Facts

Serving Size: 1/4 tsp  
Servings Per Container: 96

Per Serving	%DV
Proprietary Blend	1.25 mL †

Blessed Thistle herb, False Unicorn root, Partridge Berry herb, Blue Cohosh root, Ginger root, Skullcap herb, Motherwort herb, Wild Yam root, Bayberry root bark.

† Daily Value (DV) not established

Other Ingredients: vegetable glycerin, distilled water and approx. 5% - 10% organic grain alcohol.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.