

This formula supports healthy hair and skin.\*

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.

**GLUTEN FREE.** No salt, wheat, dairy products, or artificial colors, flavors, or preservatives.

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**Questions?** 1-800-9NATURE/naturesway.com



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\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# Biotin Forte®

Maintains healthy hair and skin\*  
Supports Cellular Energy  
and Nerve Function\*

**Hair and Skin Health\***

**60 TABLETS • DIETARY SUPPLEMENT**

**Recommendation:** Take 1 tablet daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 1 Tablet

| Amount per Serving                              |                                     | % DV    |
|---|-------------------------------------|---------|
| Vitamin C (ascorbic acid)                       | 100 mg                              | 111%    |
| Thiamin (vitamin B1)                            | 10 mg                               | 833%    |
| Riboflavin (vitamin B2)                         | 10 mg                               | 769%    |
| Niacin (as niacinamide)                         | 40 mg                               | 250%    |
| Vitamin B6 (as pyridoxine HCl)                  | 25 mg                               | 1,471%  |
| Folate  | 800 mcg DFE<br>(480 mcg folic acid) | 200%    |
| Vitamin B12 (as cyanocobalamin)                 | 10 mcg                              | 417%    |
| Biotin  | 5 mg                                | 16,667% |
| Pantothenic Acid<br>(as calcium D-pantothenate) | 10 mg                               | 200%    |
| Daily Value (DV).                               |                                     |         |

Other ingredients: cellulose, sodium croscarmellose, magnesium stearate, hypromellose, silica, glycerin