

**SUGGESTED USE**

Adults take 1 capsule 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

\* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



GLYCEMIC SUPPORT\*

# Cinnamon Bark

**60** VEGAN LIQUID PHYTO-CAPS®  
HERBAL SUPPLEMENT

**Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 60

|  | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Total Carbohydrate   | <1g                | <1%*          |
| Proprietary Extract Blend  | 278 mg             | †             |
| Organic Cinnamon bark, Organic Cinnamon bark supercritical CO <sub>2</sub> extract |                    |               |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent.

@gaiaherbs

1001 1024-0219



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit [gaiaherbs.com/sustainibility](http://gaiaherbs.com/sustainibility).

[01] 1024-0219



Gaia Farm, Brevard, NC



## Connecting Plants & People Since 1987

### PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

### INTEGRITY - Keep it Real

See the proof at [meetyourherbs.com](http://meetyourherbs.com), the world's first herb traceability platform.

### POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:

[@gaiaherbs](http://gaiaherbs.com)

NEW LOOK  
SAME FORMULA

GLYCEMIC SUPPORT\*

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Helps maintain healthy  
glycemic balance\*

Concentrated single  
herb extract

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[meetyourherbs.com](http://meetyourherbs.com)

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at [meetyourherbs.com](http://meetyourherbs.com).

**VEGAN  
GLUTEN-FREE  
SOY-FREE**

Certified



Corporation

BEST BY: