



# Omega-3•6•9

## Fish & Borage Oils



DIETARY SUPPLEMENT

✓ Heart Health\* ✓ Brain Health\* ✓ Vision Health\* ✓ Joint Health\*

90 Soft Gels

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1731-2f

8.9375" x 3.5"

400cc

## Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 45

	Amount Per 2 Soft Gels	% DV
Calories	30	
Total Fat	3 g	4%**
Vitamin D <sub>3</sub> (as cholecalciferol)	50 mcg	250%
Vitamin E (as natural d-alpha tocopherol)	134 mg	893%
Total Omega-3s (from Norwegian fish oil)*	400 mg	†
EPA (Eicosapentaenoic Acid)*	266 mg	†
DHA (Docosahexaenoic Acid)*	134 mg	†
Omega-6 (Gamma Linolenic Acid from borage seed oil)*	400 mg	†
Omega-9 (Oleic Acid from borage seed oil)*	300 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established. \*Reported as triglycerides.

Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine and mackerel) and soy.

**Directions:** Take two soft gels once daily, at mealtime.

Omega-3-6•9 blends the highest quality fish oil and borage seed oil to provide a powerful omega combination. This balanced formula provides equal ratios of omega-3 and omega-6 fatty acids, plus omega-9 to promote heart, brain, vision, and joint health.\*

✓ **Gluten-free** ✓ **Sugar-free**  
✓ **Preservative-free**

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

### PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004  
888-234-5656 • 847-255-1600

www.carlsonlabs.com • An FDA Regulated Facility



1731-2f