



MCT Oil

Medium-Chain Triglycerides

DIETARY SUPPLEMENT

Supports Energy Production and Fat Metabolism*

120 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

Amount Per Serving		% DV
Calories	10	
Total Fat	1 g	1%**
Saturated Fat	1 g	5%
Medium Chain Triglyceride Oil (NLT 95% Caprylic Acid and Capric Acid)	1 g	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.

Directions: Take one soft gel up to five times daily, **at mealtime.**

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

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Medium-chain triglycerides (MCTs) are healthy fatty acids naturally found in coconut and palm oils. They support natural energy production and are one of the cleanest fuel sources for our bodies.* MCT Oil provides the naturally occurring fatty acids caprylic acid and capric acid.

POTENCY & QUALITY GUARANTEED

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