

Since 1972

General Nutrition Support*

RECOMMENDATION: Take one capsule daily with a meal.

WARNING: *If pregnant, or planning pregnancy, daily vitamin A intake should not exceed 3000 mcg (10,000 IU). Quantities in excess of 3000 mcg/day may result in reproductive hazards, or birth defects. Before starting a vitamin A regimen please consult your physician.*

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.

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VITAMIN A & D

Dietary Supplement
100 CAPSULES

Stock No. 4065

**NATURE'S SUNSHINE
PRODUCTS, INC.**

Spanish Fork, Utah 84660 1-800-223-8225

www.naturessunshine.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Capsule	%Daily Value
Vitamin A (fish oil, palmitate)	1050mcg 117%
Vitamin D (fish oil)	10mcg 50%

Other Ingredients: Soybean oil, capsule (gelatin, glycerin, water).

Contains: Fish (cod), Soy

1050 mcg Vitamin A is equivalent to 3500 IU.

10 mcg Vitamin D is equivalent to 400 IU.

GUARANTEED PURE

LOT:
Full Potency Through: