

**SUGGESTED USAGE:** As a dietary supplement, take one capsule per day with a meal, or as directed by your health care practitioner.

**WARNING:** Consult your health care practitioner before taking this product if you are taking Coumadin, warfarin or other anticoagulant medications.

**NOTICE:** Color, size or shape may appear different between lots.

Does not contain gluten.

**STORE AT ROOM TEMPERATURE.  
KEEP OUT OF REACH OF CHILDREN.**

Item# VDS180-PL-4



PUF1074

*Live life pure.*

**PURE  
FORMULAS**

# Ultra Vitamin D Plus K



NON-GMO

**180 VEGETARIAN CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 capsule

| Amount Per Serving  | % Daily Value |       |
|---|---------------|-------|
| Vitamin D<br>(as Cholecalciferol)   | 5000 IU       | 1250% |
| Vitamin K<br>(as Vitamin K1 Phytonadione 500 mcg;<br>Vitamin K2 Menaquinone-7 50 mcg) | 550 mcg       | 688%  |

**Other Ingredients:** Microcrystalline cellulose, cellulose (capsule), L-leucine.

Manufactured for:  
**PureFormulas**  
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