

Suggested Usage: Mix 2 level tablespoons daily in 8 oz. of water or other beverage to supplement your meal.

Fibersol®-2 is a tasteless, soluble fiber derived from non-GMO corn that can help manage hunger and promote a feeling of fullness up to two hours after a typical meal in healthy adults while also helping maintain healthy, normal glucose levels.* Fibersol®-2 also acts as a prebiotic fiber that can help to nourish intestinal flora and maintain a healthy intestinal tract environment.* NOW® Prebiotic Fiber with Fibersol®-2 dissolves rapidly in water or your favorite beverage and is a convenient and effective way to help maintain regularity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.



Prebiotic Fiber

with Fibersol®-2

Hunger Management*

- Pure Powder
- Excellent Source of Fiber
- Maintains Regularity*



NET WT. 12 OZ. (340 g)
A Dietary Supplement Vegetarian/Vegan

Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Level Tablespoons (12 g)
Servings Per Container about 28

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	12 g	4%*
Dietary Fiber	11 g	44%*
Soluble Fiber	11 g	†
Fibersol®-2 Digestion-Resistant Maltodextrin	12 g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA
nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Fibersol®-2 is a registered trademark of ADM/Matsutani LLC.
This product is sold by weight not volume.

