Suggested Usage: Take 1/8 level teaspoon daily in juice or water, with food. Do not exceed recommended dose.

Silymarin (Silybum marianum), also known as milk thistle, has been used by traditional herbalists for centuries. Scientific studies have indicated that constituents in silymarin may help to support healthy liver function.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not for pregnant/nursing women. Consult physician if taking medication or have a medical condition (especially gall bladder dysfunction). Keep out of reach of children.

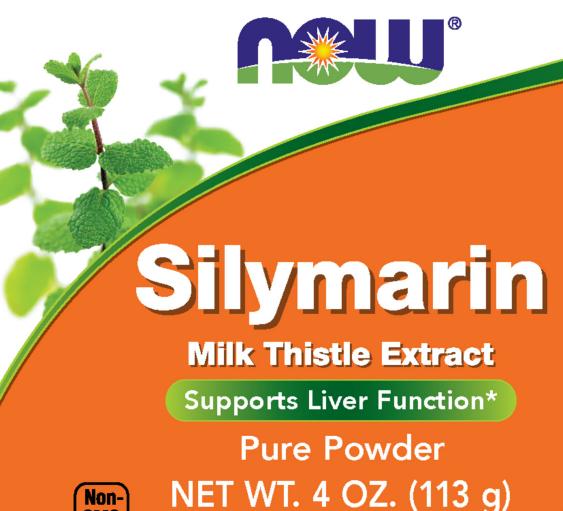
Do not eat freshness packet enclosed.

Natural color variation may occur in this product.

This product is sold by weight not volume.

**CODE 4788** V2





A Dietary Supplement Vegetarian/Vegan



Family owned since 1968.

## **Supplement Facts**

Serving Size 1/8 Level Teaspoon (approx. 0.35 g) Servings Per Container about 323

## **Amount Per Serving**

Milk Thistle Extract 350 mg\* (Silybum marianum) (Fruit/Seeds) (Standardized to 280 mg Silymarin Flavonoids - equivalent 80%)

\* Daily Value not established.

Other ingredients: None.

Distributed & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

